

SINGAPORE'S MOST READ, LARGEST CIRCULATING JOURNAL

LIFESTYLE

INSPIRED LIVING ★ JANUARY 2012

KATE BECKINSALE
reprises her
blood thirsty role
in *Underworld:
Awakening*

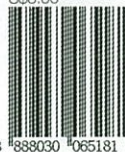
"I'm happier
now, and
my shock
absorbers are
a bit better
these days."

NEW YEAR PROMISES
How To Keep Them

GIRLS' GENERATION
What Makes K-Pop
Bands Work

CHINESE NEW YEAR
Recipes With A
Delicious Twist

S\$3.00



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ROLLSCREEN STYLE

Keep the sun out with the chic ROLLITE™ ROLLSCREENS. These fiberglass screens help create a cooler internal environment without obscuring the external view. They are available at www.rollite.com



MAKE YOUR OWN SHAKE

Milkshake lovers rejoice; you can now customise your own shake with over 40 shake-ins to choose from at MakeShake. Favourites include Strawberries 'n' Cream (Strawberries + Cream Cheese) and Bananarama (Banana + Caramel). MakeShake is located at City Square Mall.



TEA-TIME TREATS

Pair your aromatic teas with delectable Albert Menes Strawberry Jam spread on Albert Menes Buttered Raisin Rusks. The slow-cooked jam costs \$16.70 whilst the crisp, toasted rusks cost \$10. Both are available at ThreeSixty Ion, Market Place Paragon and Sime Darby Centre.

QUICK AND YUMMY MEALS

Tuck into a warm, comforting bowl of CP Shrimp Wonton in Tom Yum Soup, which is infused with a blend of fragrant herbs such as lemongrass, lime leaves and galangal. Simply microwave the bowl for five minutes for a quick and satisfying meal! Available at \$3.30 at all leading supermarkets.



TUI-NA FROM HOME

Get an invigorating Tui-Na massage anytime you want with the OSIM uPhoria. This powerful leg massager applies deep-tissue massage to the legs, thus improving blood circulation, amongst other benefits. It retails at \$698 (introductory special) at all OSIM outlets or www.OSIM.com ★

